

Northwest Collegiate Rowing Conference Championship Bylaws

Updated 12.29.08

Purpose:

The event is for the purpose of providing a collegiate (Div. II/III) rowing championship within the Northwest Region.

Name:

The event is called the Northwest Collegiate Rowing Conference (NCRC) Championships.

Date:

The NCRC Championship will be conducted on the Saturday in spring immediately preceding the WIRA championships, and will be held to a one-day format.

1. Regatta Venue:

The Championship will be held at a suitable venue in the Northwest Region, open to bidding. If allowed by available venues the regatta will alternate between a southern location in even years and a northern location in odd years in order to even travel costs of member programs. It shall be the responsibility of the president and/or the officers to secure a venue no later than November 15th of the preceding year.

2. Rules of Racing:

The USRA Rules of Rowing will be followed except as amended by these bylaws.

3. Events:

<u>Men</u>	<u>Women</u>
Varsity Eight (15)	Varsity Eight (3)
Varsity Four (9)	Second Varsity Eight (4)
Varsity Lightweight Four (5)	Varsity Four (7)
Novice Eight (6)	Varsity Lightweight Four (12)
Novice Four (16)	Novice Eight (8)
Second Varsity Four (20)	Novice Four (18)
Lightweight Novice Four (2)	Second Varsity Four (19)
Second Novice Four (13)	Lightweight Novice Four (1)
Pair (11)	Second Novice Eight (17)
	Second Novice Four (14)
	Pair (10)

Events non-subscribed for two consecutive years will be removed from the race order (attachment 1), but can be reinstated based on adequate member petition.

4. Regatta Format:

Standard format of awarding will apply with the eligible top three of a category placing. These placing three will be eligible for conference medals and/or other awards as appropriate within these bylaws. Exceptions to this are noted below.

5. Progression System:

Events with fewer than three entries will be cancelled. All events will be held with a seven-lane, final only format. Seeding in events other than the varsity eight is optional, if seeding is conducted it will be organized and implemented by the officers (see 9). Seeded men's crews will be placed in lanes beginning with the top seed in lane 1 to lane 7 (lowest seed).

6. Double entries:

Member institutions may only enter two entries in any category, and only if doing so does not cause an event to exceed 7 entries/lanes. There will be a limit to one Conference member's second-entry in any racing category from any member institution. Any member institution's second entry will automatically assume the farthest outside lane (outside all member first entries) in a standard lane format. Second entries will be allowed into events as drawn by a lottery from all on-time desired entries into that event until the lanes are filled. Late 2nd entries will not be allowed.

2nd entries are eligible for medals in the event but do not affect points (ie, do not score and do not displace scoring crews).

Competition in the NCRC Championship is limited to eligible Conference member institutions only. No guest crews will be admitted to race at the NCRC Championship.

The initial order of events is to be published as an attachment to these bylaws, but a final version will be distributed to members via the entry packet from the venue host. No changes to this final schedule will occur without the approval of the officers. The final schedule will not be adjusted to accommodate athlete doubling, equipment sharing, or other special requests once distributed with the entry packet. Races will not be delayed in order to accommodate athlete doubling or equipment sharing. Race starts will not be delayed if a crew is late to the start because of athlete doubling or equipment. The regatta may fall off schedule because of legitimate equipment breakage, false starts, stoppage of a race due to interference, or other similar causes, but crews will still be held responsible for making it to their start on time regardless of athlete doubling or equipment sharing. Tardiness resulting from a doubling athlete or piece of equipment doubling involved in a previous race that had two false starts or other problems is also not cause for race start delays.

The above rules in this section may be petitioned. Any waiver resulting from such petitions must be approved by a two-thirds member vote of the conference no later than Friday, one week prior to the regatta.

7. Definitions:

- a. A novice is any student-athlete who is in their first year of collegiate competition. Participation in any spring collegiate competition constitutes the use of a person's novice year. A rower who has competed in previous spring seasons only as a

coxswain may compete as a novice rower. An athlete who has competed in previous spring seasons only as a rower may compete as a novice coxswain.

- b. Any athlete may participate in a Varsity category event. No athlete may participate in a varsity category boat class and the JV category of the same class (ie, V8/JV8 or V4/JV4). It is allowed for athletes from the Varsity eight event to double into the JV4 event, provided that none of those athletes also race in the Varsity 4.
- c. No Novice athlete may participate in a 1st Novice and 2nd novice event of the same boat class; ie- no athlete may double from the 1st novice eight to the 2nd novice eight. Athletes may double from the 1st novice eight to the 2nd novice four provided none of those athletes are also in the 1st novice four.
- d. Exceptions to Bylaws 7a, 7b, and 7c may be petitioned to the officers no later than one week before the event in the case of special circumstances (ie, very small squad size, injury, illness, etc). The officers may allow full participation or may require the crews to race exhibition if it is perceived that an unfair advantage is gained. Any petition made after one week before the event must be made at the coaches and coxswain meeting and requires the approval of all coaches with crews in that event.
- e. Male lightweight rowers may not exceed 160 pounds and the crew must average no more than 155 pounds or below, all fractions rounded down. Female lightweight rowers may not exceed 130 pounds, all fractions rounded down. There is no crew average weight for women's lightweight events. Coxswains for female crews must weigh no less than 110 pounds. Coxswains for male crews must weigh no less than 120 pounds. Any coxswain weighing in under the minimum standard for their category must provide and carry the weight necessary to bring them up to standard. Coxswains will be checked at the finish of each race for their supplemental weight.
- f. In order to enter a junior varsity eight an institution must enter the corresponding varsity eight event.
- g. In order to enter a third varsity eight an institution must enter the corresponding varsity eight and junior varsity event.

8. Responsibilities:

The Conference officers will manage and oversee all aspects of the NCRC Championship. The venue site bidding and selection will be the responsibility of the officers to determine as early as possible. Notification of members winning bid is to be completed within one week of bid selection.

The conference officers may defer responsibility to the venue host and/or local organizing committee for the NCRC Championship, in return for receiving all entry fees for the regatta, will provide for all operational, administrative, and logistical coordination in running the championship both on and off the water, to include lightweight and coxswain weigh-ins, or the conference may accept bid a contract flat rate and assume any of the operational/fiscal

responsibilities not contracted to the venue host. The venue host may assume the provision of individual racing medals for all placing crews as part of the site bid. Conference awards will not be the responsibility of the venue host.

The officers will rule on all issues other than those resulting from actual racing.

9. Seeding:

The officers will seed the men's varsity eight oared event and women's divisional races only, except in cases in which they elect to seed other events. Tentative seeding will be released on the Monday before the regatta. Coaches will have an opportunity to give the officers feedback on the tentative seeding. The stewards will then publish the final seeding.

1. Women's Divisional Seeding Protocol.

- a. 2006 women's seeding for V8, 2V8, V4 will be separated by Division with the fastest seeds in the middle lanes, progressing out, Lanes 1-3 Division II, Lanes 4-7 Division III
- b. DIII 4th seed – Lane 7
DIII 3rd seed – Lane 6
DIII 2nd seed – Lane 5
DIII 1st seed – Lane 4
DII 1st seed – Lane 3
DII 2nd seed – Lane 2
DII 3rd seed – Lane 1
- c. If there are fewer than seven entrants (i.e. not every team enters each event) the entire field moves to the left but the order remains the same beginning in lane 1.
- d. Seeding will be done by the Officers based on previous regular season divisional race results.

10. Entries:

Entries and entry processing will be the responsibility of the conference officers. The host will provide the schedule information to conference officers not later than one month prior to the event. The entry deadline will be determined by the conference officers and will be included in all documentation. All member entry submission will be sent directly to the conference designee who will be responsible for collection and notification. The conference officers may establish their own policy for members changing their entries after the due date as long as this policy does not exceed the provisions within these bylaws, and as long as the policy is clearly stated and agreed to in the initial Championship site bid. No crews will be allowed to launch for any race without fully completing their entry requirements.

11. Athlete Doubling:

Athletes may participate in up to three events. There will be no adjustments made to the schedule in order to accommodate an athlete who is participating in more than one event unless approved at the regatta meeting by all members of any affected race. Races will not be delayed in order to accommodate an athlete who is participating in more than one event.

12. Eligibility:

All participants in the NCRC Championship must have their eligibility certified by their institution. Each institution must provide a copy of their roster and a signed certification by the appropriate administrator at their institution to the officers one week prior to the championship. A coach may not certify athlete eligibility.

Athletes who are part of a varsity status rowing team must meet the NCAA eligibility standards that are applicable to that institution.

Athletes who are part of a club status rowing team must meet the following minimum eligibility standards:

- a. The athlete must be enrolled as a full-time student at the certifying institution.
- b. The athlete must be in good academic standing as defined by the certifying institution.
- c. The athlete may only compete for a maximum of four spring seasons. Participation in any spring collegiate competition constitutes the use of a season of competition.
- d. The athlete must conform to the 15 quarter/10 semester rule. All seasons of competition must be completed within the first 15 quarters or 10 semesters of the student's full-time enrollment at any collegiate institution.

13. Weigh-ins:

- a. Lightweight crews must weigh in on Saturday morning prior to their race.
- b. An athlete who is participating in more than one lightweight event must weigh in separately with each crew.
- c. All Coxswains must weigh in on Saturday morning prior to their race. The time of weigh-ins will be determined by the venue host and/or local organizing committee, which is responsible for weigh-ins.
- d. Lightweight weigh-in times will be designated by the venue host and announced with the entry information. The venue host will ensure that an official is provided for each scale being utilized at the event and will ensure the accuracy and calibration of said scales.
- e. Athletes must weigh-in in racing attire.
- f. The entire crew must weigh in at the same time (bow to stroke).
- g. An athlete at weight or under has met the weigh-in requirements for that race, and is not required to weigh-in again for that race.
- h. An athlete over the maximum weight at the time of weigh-in must be within 2.0 lbs. (ie., 132.0/162.0) of weight; any athlete weighing more than 2.0 lbs over maximum at the time of an initial weigh-in must be excluded from the race. Any lightweight men's crew over the average weight at the time of initial weigh-in must be within 3.0 lbs. (ie., 158.0) or be excluded from the race.
- i. An athlete weighing more than the maximum but less than 2.0 lbs. over (or any lightweight men's crew weighing more than 3.0 lbs over the average) may weigh-in up to 2 more times within 1 hour of the initial weigh-in. If they fail to meet the maximum weight after the third attempt, the athlete(s) will be excluded from racing. Any lightweight men's crew failing to meet the average after the third attempt will be excluded from racing.

14. Points Competition:

The team points competition at the 2006 NCRC Championship will result in the awarding of a women's team banner and a men's team banner. A team point system will be established by the officers. The officers will also maintain conference results and provide for proper awarding at the championship. The point system will be provided as an attachment to this document.

15. Awards:

Gold, silver, and bronze medals will be awarded in all events in which there are four entries, gold and silver medals for events with three entries. Each conference category winner will receive a certificate, as will second and third place teams. Other Conference awards will be established and distributed as determined by the officers as appropriate and within budgetary constraints. Member institutions that have not paid their membership dues will not receive awards until paid in full.

16. Shirt betting:

All competitor shirt betting is at the discretion of the member program's coaching staff. Any betting arrangement between crews is to be done before each race launches.

Attachment 1

Points System

NCRC Points System

Events	1st Place	2nd place	3rd place	4th place	Participation
Varsity 8	30	24	16	12	6
Varsity 4, JV8, LW4	22	18	10	6	4
Novice 8, Novice 4	16	12	8	4	2
JV4, 2n8	12	8	6	4	2
2n4, Nlw4, pair	8	6	4	2	1

Events with 5 entries score full points

Events with fewer than 5 entries move over so the last place boat always scores only participation points

IE--> If the JV8 has only 3 entries-- it will be scored 1st place 5 pts, 2nd place 3 pts, 3rd place 2 pts.

Attachment 2:

2008 NCRC Order of Events & Tentative Schedule

8:15	Women's 2V 8+
8:30	Men's Varsity 8+
8:45	Women's Varsity 8+
9:00	Women's 2nd Nov 4+
9:15	Men's 2nd Nov 4+
9:30	Break
9:45	Men's 2V4+
10:00	Women's 2V4+
10:15	Women's 2-
10:30	Men's 2-
10:45	Break
11:00	Women's Nov. 4+
11:15	Men's Nov. 4+
11:30	Women's 2nd Nov 8+
	Lunch
12:30	Women's Vars. <i>Lwt</i> 4+
12:45	Men's Vars. <i>Lwt</i> 4+
13:00	Women's 3V 8+ or <i>Lwt</i> 8+
13:15	Women's Nov. <i>Lwt</i> 4+
13:30	Break
13:45	Men's Novice <i>Lwt</i> 4+
14:00	Women's 1V 4+
14:15	Men's 1V 4+
14:30	Women's Novice 8+
14:45	Men's Novice 8+
15:00	Break
15:15	COX'N 4+